
The Pain of Waiting After an Interview

You just had an interview for a position you really want. As you breathe a sigh of relief, a new set of thoughts and emotions kick in as the waiting game begins. How does one not only wait, but wait patiently and intentionally?

You can start the waiting period the right way by managing your expectations. During the interview, it is fair and acceptable to ask the interviewer about their hiring time frame and if you can follow-up with them on when they will reach a hiring decision.

Then, invest time in your tailoring your follow-up materials to the employer. According to the job search website *Resume-Now*, the following are tips to keep in mind when following through with an employer after your interview, especially if they don't provide a specific timeframe to you:

“Though the length of time varies, it's smart to send a follow-up email one week after applying for a job. Follow-up in these steps:

1. Tell them that you're still interested in the role.
2. Remind them why you're a strong candidate.
3. Ask if there is any additional information you can provide them to help them make their decision.
4. Thank them for their time.”

The key to waiting is **patience**. After your initial follow-up, do not continue to contact the interviewer regarding their decision. Resist being aggressive in your response as it may jeopardize your candidacy for the position. Remember silence does not necessarily mean you did not get the job. There could be other factors within the organization that you may not be aware of, such as the hiring manager was called to another project that has an immediate deadline and hiring has therefore become secondary.

Instead, remain **positive** and focus your attention on other things. Replace stressing out over the wait with staying both physically and mentally active. Continue your job searching and apply for new positions. Research the company a bit further to see if the mission and culture really are a good fit for you. Enjoy the people and opportunities you already have in your life. Get involved in a new hobby or volunteer in your community.

The **FSET** office is here to support you in your job search, including helping you through the waiting period of a recent job interview. Check out the variety of interviewing resources on **MyFSET.net** as you move through this waiting game.

Sources:

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